

# NMGA Training Individuals - Novice 17+

Maungatapere, 5. September 2020

## Session 1

Speed Weavers  
Hula Hoop  
Moat and Castle  
Two Flag  
Tool Box Scramble  
Bottle Swap  
Mug Shuffle

## Session 2

Bottle Shuttle  
Three Mug  
Socks and Buckets  
Carton Race  
Three Pot Flag Race  
Litter Scoop  
Flag Fliers

Tie break: Two Flag