

DM Individuelle Træningsklasse

Vallensbæk, 15. September 2018

Session 1

Speed Weavers
Mug Shuffle
Socks and Buckets
Three Mug
Triple Flag
Flag Fliers

Session 2

Bottle Shuttle
Association Race
Tool Box Scramble
Speed Weavers
Two Flag
Flag Fliers

Tie break: Flag Fliers